Shellfish Sanitation and Recreational Water Quality Section

N.C. Division of Marine Fisheries

Department of Environmental Quality
N.C. Recreational Water Quality Program Mission

“To protect the public health by monitoring the quality of North Carolina’s Coastal recreational waters and notifying the public when bacteriological standards for safe bodily contact are exceeded.”
Recreational Water Quality Program

- Started in 1997 in response to public concern regarding coastal swimming waters.
- Became mandated by the E.P.A. in October 2000.
- Monitors coastal recreational waters including ocean beaches, sounds, bays and estuarine rivers.
Overview of N.C. RWQ Program

• 204 swimming sites monitored
• 3 regional labs / 4 boats for sampling sound-side waters
• 14 people directly involved in the RWQ program during the swimming season
• 3.75 FTE are funded by the BEACH grant
• $240,000? N.C. + $283,000 grant
Program Reductions

- Sequestration
- Nags Head SSRWQ Lab closed.
- Loss of three positions in Nags Head.
- Removed 36 monitoring sites in northern region from the program.
- Loss of one position in Morehead.
Action Levels for Posting Swimming Advisories

- Tier I – 104 enterococci per 100 ml
- Tier II – 276 enterococci per 100 ml
- Tier III – 500 enterococci per 100 ml

Total: 204 Monitoring Locations
Enterococci

• Bacteria - indicator of fecal contamination.
• Are found in the gut of all warm blooded animals.
• Do not cause illness but are associated with pathogenic organisms.
ATTENTION

SWIMMING IN THIS AREA IS NOT RECOMMENDED.
BACTERIA TESTING INDICATES LEVELS OF CONTAMINATION THAT MAY BE HAZARDOUS TO YOUR HEALTH. THIS ADVISORY AFFECTS WATERS WITHIN 200’ OF THIS SIGN.

OFFICE OF THE STATE HEALTH DIRECTOR
Table 1. Numbers of Viable Bacteria Found Per Gram of Feces of Adult Animals
(Median values from 10 animals)

<table>
<thead>
<tr>
<th>Animal</th>
<th>E. coli</th>
<th>C. perfringens</th>
<th>Enterococci</th>
<th>Bacteriodes</th>
<th>Lactobacilli</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cow</td>
<td>20,000</td>
<td>200</td>
<td>200,000</td>
<td>No Data</td>
<td>250</td>
</tr>
<tr>
<td>Horse</td>
<td>13,000</td>
<td>No Data</td>
<td>6,300,000</td>
<td>No Data</td>
<td>10,000,000</td>
</tr>
<tr>
<td>Pig</td>
<td>3,200,000</td>
<td>4,000</td>
<td>2,500,000</td>
<td>500,000</td>
<td>250,000,000</td>
</tr>
<tr>
<td>Sheep</td>
<td>3,200,000</td>
<td>20,000</td>
<td>1,300,000</td>
<td>No Data</td>
<td>7,900</td>
</tr>
<tr>
<td>Chicken</td>
<td>4,000,000</td>
<td>250</td>
<td>32,000,000</td>
<td>No Data</td>
<td>320,000,000</td>
</tr>
<tr>
<td>Dog</td>
<td>32,000,000</td>
<td>250,000,000</td>
<td>40,000,000</td>
<td>500,000,000</td>
<td>40,000</td>
</tr>
<tr>
<td>Cat</td>
<td>40,000,000</td>
<td>25,000,000</td>
<td>200,000,000</td>
<td>790,000,000</td>
<td>1,300,000,000</td>
</tr>
<tr>
<td>Human</td>
<td>5,000,000</td>
<td>1,600</td>
<td>160,000</td>
<td>5,000,000,000</td>
<td>630,000,000</td>
</tr>
</tbody>
</table>

Center for Watershed Protection
<table>
<thead>
<tr>
<th>Waste stream</th>
<th>Fecal coliform (Density/gm)</th>
<th>Fecal streptococci</th>
<th>Unit discharge (lbs/day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human</td>
<td>$1.3 \times 10^7$</td>
<td>$3.0 \times 10^6$</td>
<td>0.35</td>
</tr>
<tr>
<td>Cats</td>
<td>$7.9 \times 10^6$</td>
<td>$2.7 \times 10^7$</td>
<td>0.15</td>
</tr>
<tr>
<td>Dogs</td>
<td>$2.3 \times 10^7$</td>
<td>$9.8 \times 10^8$</td>
<td>0.32</td>
</tr>
<tr>
<td>Rats</td>
<td>$1.6 \times 10^5$</td>
<td>$4.6 \times 10^7$</td>
<td>0.08</td>
</tr>
<tr>
<td>Cows</td>
<td>$2.3 \times 10^5$</td>
<td>$1.3 \times 10^7$</td>
<td>15.4</td>
</tr>
<tr>
<td>Ducks</td>
<td>$3.3 \times 10^7$</td>
<td>$5.4 \times 10^7$</td>
<td>0.15</td>
</tr>
<tr>
<td>Waterfowl</td>
<td>$3.3 \times 10^7$</td>
<td>-</td>
<td>0.18 - 0.35</td>
</tr>
</tbody>
</table>
Waterborne Illness
Fecal Contamination

- Gastroenteritis – Bacteria, viruses, protozoa
- Flu-like symptoms
- Abdominal cramps, diarrhea, fever, nausea
- Ear, nose, throat, and skin infections
Viruses

- Norovirus
- Adenovirus
- Enterovirus
- Rotavirus
- Hepatitis A
Protozoa

Cryptosporidia

Giardia
Bacteria

- Campylobacter
- Salmonella
- Pathogenic *E. coli*
Vibrio sp.

- Naturally occurring bacteria.
- Eating raw or under cooked shellfish.
- Wounds exposed to seawater.
- Septicemia - 50 % mortality rate for the immunocompromised.
Vibrio vulnificus

CONSUMER ADVISORY

Eating raw oysters, clams or mussels may cause severe illness. People with the following conditions are at especially high risk: liver disease, alcoholism, diabetes, cancer, stomach or blood disorder, or weakened immune system. Ask your doctor if you are unsure of your risk. If you eat shellfish and become sick, see a doctor immediately.

NC Department of Environment and Natural Resources
Division of Environmental Health
Harmful Algal Blooms

- pHAB
- Monitored by DWR
- Toxins characterized by DHHS
- Cyanobacteria (Blue-green Algae)
- DHHS advises against wading or swimming in areas that may have a bloom
- Avoid swimming near fish kills
NCDWR Algal Bloom Map

Description:
The NCDEQ Algal Bloom Map displays locations analyzed by DWR for algal bloom activity. Each point represents a phytoplankton sample collected and analyzed by DWR staff for algal community composition and density. The results of each analysis are designated by the color of the location marker:
- Alg Lake Bloom (non pHAB)
- Potentially Harmful Algal Bloom
- Non Detect

Criteria for designation are as follows:
**Alg Lake Bloom**: Density ≥ 10,000 units/mL (AND/OR) observed algal mat or surface scum

**Potentially Harmful Algal Bloom (pHAB)**: Algal bloom where bluegreen algae comprise the dominant algal group. These blooms have the potential to produce toxins that may cause illness in people and pets.

**Non Detect**: Algal bloom criteria not met.

Additional information about an investigation can be accessed by clicking on its location marker. This will display a pop-up window that provides details about the date, location, reason the sample was collected, dominant algal group and density, and final designation. Some locations have been sampled multiple times. To view each sample’s information, use the arrows located at the top of the pop-up window.

Toolbar (Top Right):
Acknowledgements